



Winner of the Midwest Region Successful Practices Award 2016

### IOWA STATE UNIVERSITY

Professional and Scientific Council

Winner of The 2015 Iowa State University Professional and Scientific Team CYtation Award

### Mission

The College of Engineering's Improve You Staff Mentoring Program strengthens the college through knowledge sharing, leadership developmentand fostering healthy work partnerships among staff.

### **Program Description**

Mentoring has been identified as an important influence in professional development in both publicand private sectors. From increased morale to organizational productivity, career development, and higher retention the benefits of mentoring are numerous.

# Seth Loyd (CCEE) participates

in lunch and learn activity

### Training

Training will be provided for mentors to establish expectations and provide a framework for the mentoring relationship. Topics will focus on team buildinggoal setting, communication and setting boundaries. Participating in mentor training does not guarantee a mentoring opportunity. The mentor/mentee matching process is a process initiated and driven by the mentee.

# Mentor and Mentee **Expectations:**

- A one-year commitment to the program
- Actively participate in thementoring relationship
- Establish trust, maintain confidentiality, andcommunicate openly
- Provide insight/advice in navigating job culture and expectations
- Promote the abilities of the mentoring partner
- Respect mentoring partner's time and opinions



Lisa Lajoie (ABE) and Sherry Xie (ECpE)

# **Benefits**

- Assist new employeesas they settle into their position. Mentors play a key role in defining professionabehavior for new employees
- Enhance skills of mentees
- Help mentees plan, develop, and manage their careers. Mentoring enables employees to be more resilient in times of change, more self-reliant in their careers, and more responsible as self-directed learners
- Encourage development ofeadership competencies
- Provide an avenue for the exchange information and knowledge
- Provide a tangible way to showemployees they are valued and th€ollege of Engineering's future includes them

## Objectives

- Enhance career satisfaction and retention
- Promote diversity by building collaborative relationships
- Increase efficiencies and productivity
- Provide an opportunity to 'give back'
- Foster creativity and exposure to new ideas
- Encourage professional development
- Nurture future leaders

Email the steering committee at improve\_u@iastate.edu

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