Suggestions for Mentee/Mentor Activities

Create a specific list of activities to consider as you plan your time together

Review each other’s resume to create a foundation of a) where you have been, b) where you would like to go

Take a personality or strengths assessment to learn how best to work and communicate with each other

Attend a professional meeting together

Have coffee or lunch

Schedule lunch or coffee with other professionals in your field

Make your own book club, i.e., read a book, or chapter, together and discuss what you learned

Complete a volunteer activity together

Role play difficult or challenging situations

Create and discuss a vision statement

Brainstorm how to work positively and collaboratively with personalities or people you find difficult

Discuss options to strengthen areas of weakness

Discuss “What would you like to be remembered for over the next five years.”

Exchange and discuss potentially useful articles.

Discuss “unwritten rules” and how they can benefit you; or how to avoid obstacles these rules may pose for you