**POS Requirement 1.** Take at least two honors courses in the [basic program](#) (e.g. Engr 160H, Phys 221H, etc., but not including LIB 160H)

**POS Requirement 2.** Illustrate breadth, depth, and community & professional development through selection of activities that express your interests and aptitudes, following the guidelines below.

### Breadth

**Choose one** “intense” expression, such as . . .
- A minor, second major, or certificate in a non-STEM field (STEM = science, technology, engineering, math)

**Or, choose two “moderate” expressions, such as . . .
- 3 credits of honors coursework in a non-STEM area (beyond requirement 1)
- A 300-level or above SSH elective applied to your BS degree requirements, beyond the minimum required for your program
- A 200-level or above SSH course not applied to your BS degree requirements
- 4 credits of performing arts (such as music, dance, theater)
- A 300-level or above business course not applied to your BS degree
- An undergraduate research project in a non-STEM area (non-STEM honors project would count here)

### Depth

**Choose one** “intense” expression, such as . . .
- A minor, second major, or certificate in a STEM field
- Research activity resulting in peer-reviewed evidence of scholarship, with you as first student author

**Or, choose two “moderate” expressions, such as . . .
- 3 credits of honors coursework in a STEM area (beyond requirement 1),
- A technical graduate-level course either as an addition to your required curriculum or as a substitution for a lower-level requirement
- An undergraduate research project not included in your required honors project (requires a letter from your research mentor/supervisor)
- Enrollment in a departmental graduate seminar series

### Community & Professional Development

**Choose one** “intense” expression, such as . . .
- Completion of a minor or certificate in leadership
- Formal study- or work-abroad for a semester or more, in a country other than the US or the country of your citizenship.

**Or, choose two “moderate” expressions, such as . . .
- Three credits of leadership coursework (excluding honors seminars)
- Membership in Tau Beta Pi
- Leadership in a campus or community organization
- Leadership in the University Honors Program (as a UA, FHP leader, or Honors Ambassador)
- Serving as a learning community Peer Mentor
- Study- or work-abroad for less than a semester but for at least 6 weeks.
- Working as an SI tutor or help room staff
- A formal TA position involving lecturing, leading a discussion, or managing a laboratory (grading-only positions will not be considered)
- Studying at Iowa State as an international student
For expressions not on your degree audit, additional documentation is required when you submit your POS, per the below instructions:

**An undergraduate research project (either breadth or depth)**
1. A memo from you that details your contribution to the research.
2. An endorsing statement from your project supervisor (can be on the above memo or separate) confirming that they have read and concur with your assessment of research contribution.

**Research activity resulting in peer-reviewed evidence of scholarship, with you as first student author**
1. A link to or copy of the artifact (paper, patent, proceedings, etc.)
2. A memo from you that details your contribution to the research
3. An endorsing statement from your project supervisor (can be on the above memo or separate) confirming that they have read and concur with your assessment of research contribution.

**Leadership in a campus or community organization**
1. A memo from you that describes your contribution and more importantly, your personal development as a result of your role.
2. An endorsing statement (can be on the above memo or separate) from a person in an authority role in the organization (not a fellow student) confirming that they have read and concur with your assessment of your contribution.

**Leadership in the University Honors Program (as a UA, FHP leader, or Honors Ambassador)**
1. A memo from the UHP confirming your role.

**Serving as a learning community Peer Mentor**
1. A memo from the faculty or staff learning community coordinator confirming your role.

**Working as an SI tutor or help room staff**
1. A memo from your supervisor confirming your role.

**A formal TA position involving lecturing, leading a discussion, or managing a laboratory (grading-only positions will not be considered)**
1. A memo from you that describes your contribution and your personal development as a result of your teaching assistantship.
2. A memo from your supervisor in the organization confirming that they have read and concur with your assessment of contribution.

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1 Accommodations will be made for transfer students and others who join the honors program after completion of the basic program on a case by case basis. We suggest those students propose to use another core course within their degree program taken as honors.

2 Petitions for alternatives to the expressions given in this table may be considered in special circumstances. Please talk to a member of the EHP before making such a petition.

3 A second “intense” expression in any of the three categories can substitute for one moderate requirement in one of the other two categories.